NIRVANA YOGA

200-HOUR YOGA TEACHER TRAINING | 2027 APPLICATION

Date of Application: _____

Full Name : _____

Date of Birth: _____

Address: _____

_____

Email: _____

Phone: _____

1. How did you hear about Nirvana Yoga's 200-Hour Teacher Training, and why are you interested in joining? What are your goals and intentions?

_____

_____

_____

_____

2. How long have you been practicing yoga?_____

3. Describe your current yoga practice, including the style(s) you enjoy or practice most.

_____

_____

_____

4. Who or what has influenced your yoga practice the most?

_____

_____

_____

5. How has yoga influenced your life, and what are you curious to explore more deeply during this training?

_____

_____

_____

6. What would help you feel supported and connected to your fellow trainees throughout this journey?

_____

_____

_____

SUPPORT, SCHEDULE & TUITION

7. Are there any physical or other considerations, injuries, surgeries, pregnancy, or accommodations you would like the training team to know about so we can support you? Please share only what you feel is relevant.

_____

_____

_____

TRAINING SCHEDULE (subject to change)

Orientation: Saturday, January 2, 2027 (2 hours). **Training sessions** are Saturdays, 9:00 AM–6:00 PM, on the following dates: January 9 & 23; February 6 & 20; March 6 & 20; April 3 & 17; May 8 & 22; June 12 & 26; July 10 & 24; August 7 & 21; September 4 & 18; October 2 & 16; November 6 & 20; December 4. Graduation: December 11, 2027.

PROGRAM COMMITMENT

Participants are required to attend one yoga class per week. A 50-class pass is available for $325 (50% discount).

Please check each box to confirm:

☐ I have reviewed the training dates and understand the time commitment.

☐ I understand that the program includes one yoga class per week and work/practice between training sessions.

☐ I understand that this application is subject to acceptance into the program.

TUITION & PAYMENT

Training tuition: $3,000. Required 50-class pass: $325. Total: $3,325.

Select your preferred payment option:

☐ Pay in full: $3,325$ (3,175 if paid by November 1, 2026).

☐ Payment plan: $325 deposit, followed by four monthly payments of $750 in January, February, March, and April 2027.

Please confirm the early-payment amount and deadline with Nirvana Yoga before publishing this application.

TUITION & REFUND POLICY

Upon acceptance into the program, a $325 deposit is required to hold your place. If you cancel 30 days or more before the program begins, $100 of the deposit is non-refundable and the remaining deposit will be refunded. If you cancel 14–30 days before the program begins, $250 of the deposit is non-refundable and the remaining deposit will be refunded.

Program tuition is non-refundable. In special circumstances, a partial refund may be offered at the program's discretion. No refunds or credits will be issued after training begins. Nirvana Yoga reserves the right to cancel the training before it begins; if that happens, all payments made will be refunded in full.

APPLICANT AGREEMENT

I certify that the information I have provided is accurate to the best of my knowledge.
I have read and understand the schedule, payment terms, and refund policy above.

Signature: _____

Date: _____

Please mail or drop off your completed application and payment to:

Kate Stenson
Nirvana Yoga
384 Main Street
Easthampton, MA 01027